

Brighton and Hove Carers Hub

March'18



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Group)

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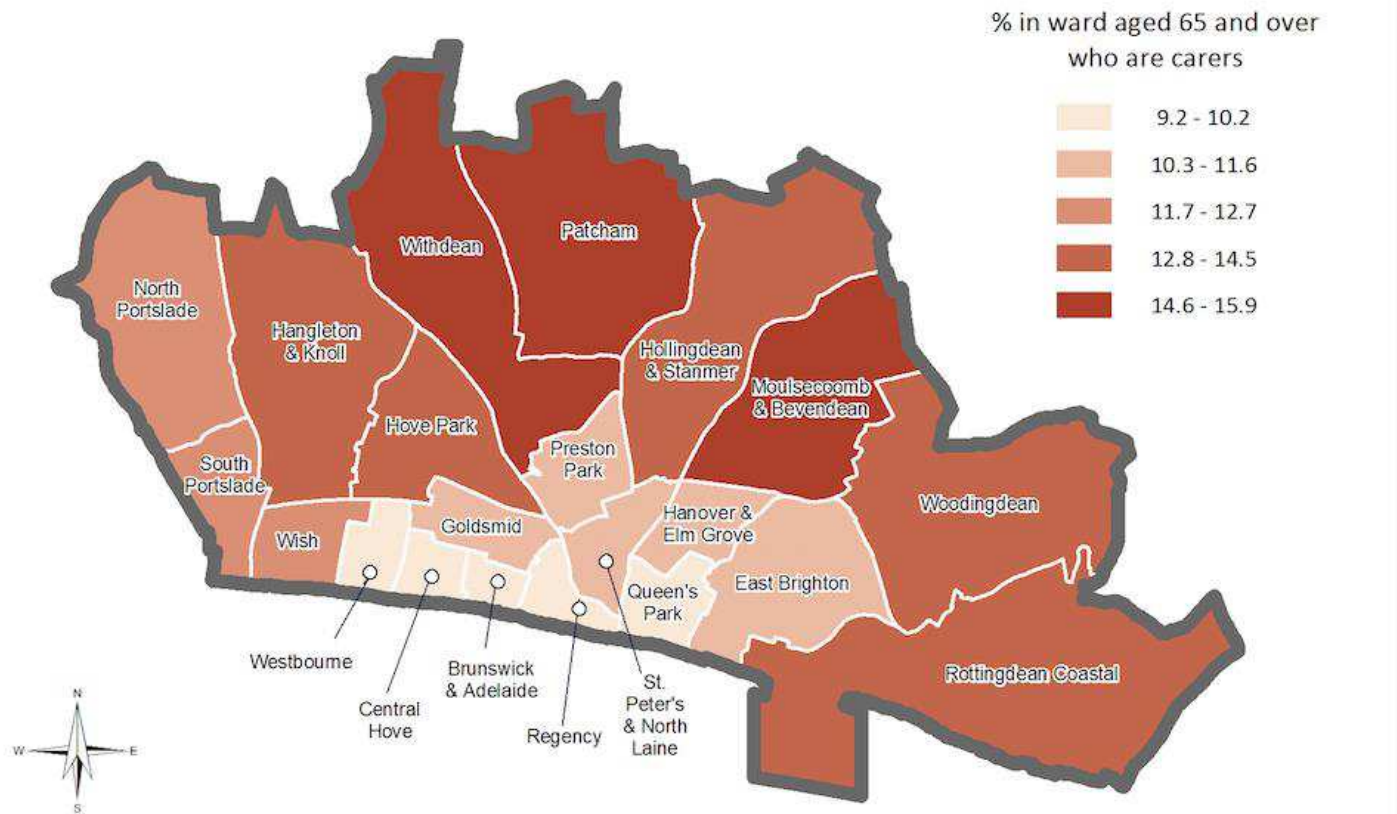
Carer Facts

- 2011 Census **23,967** people reported providing unpaid care in Brighton & Hove, just under 9% of the population, the national average is 10.3% (6 million Carers across the UK).
- The City's largest proportion of carers are providing 1-19 hours or care a week (68.4%), although a significant number are providing 20-49 hours (11.9%) and more than 50 hours a week (19.7%).
- Carers in Brighton & Hove are more likely to be female, 50-64 years old.
- Carers accessing Adult Social Care services are more likely to be female and over the age of 65.
- Carers assessments data showed that caring had an impact on many areas of carers lives, and that detrimental effects on 'undertaking leisure, cultural or spiritual activities', 'maintaining contact with people important to you' and 'getting out into the community' had the highest impact on wellbeing.

More Carer Facts

- Nationally around 65% of carers have one or more health conditions themselves.
- There are around 500-600 young carers in Brighton & Hove, around 50% of whom are between 11-13 years old.
- The economic value of the contribution of carers in the UK is now £132 billion per year - close to the annual cost of the total health spend in the UK – locally it is estimated the economic value of the contribution made by carers in the city to be **£437 million per year**.
- The wards with the highest percentage of carers are Woodingdean, Patcham and Hangleton and Knoll.
- Nationally the number of carers over 80 has risen to 417,000, an increase of 39% from 2009. In Brighton & Hove it is estimated that there were 5,052 people aged 65 and over providing unpaid care in 2015, and this is conservatively estimated to rise to 6,708 by 2030.

Provision of unpaid care in Brighton & Hove by ward and by proportion of those aged over 65 years (Census 2011)



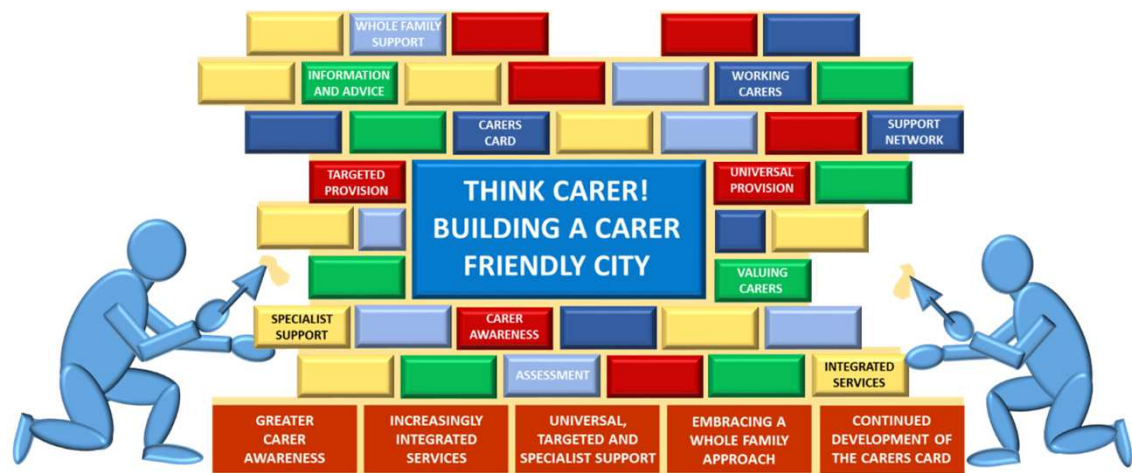
Public Health Intelligence, Brighton and Hove
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Supporting Unpaid Carers in Brighton and Hove

**Carers
rapid needs
assessment**

May 2016

CARERS COMMISSIONING STRATEGY THINK CARER 2016-2020



Development of the Carers Hub

The development of the Carers Hub model was as a result of:

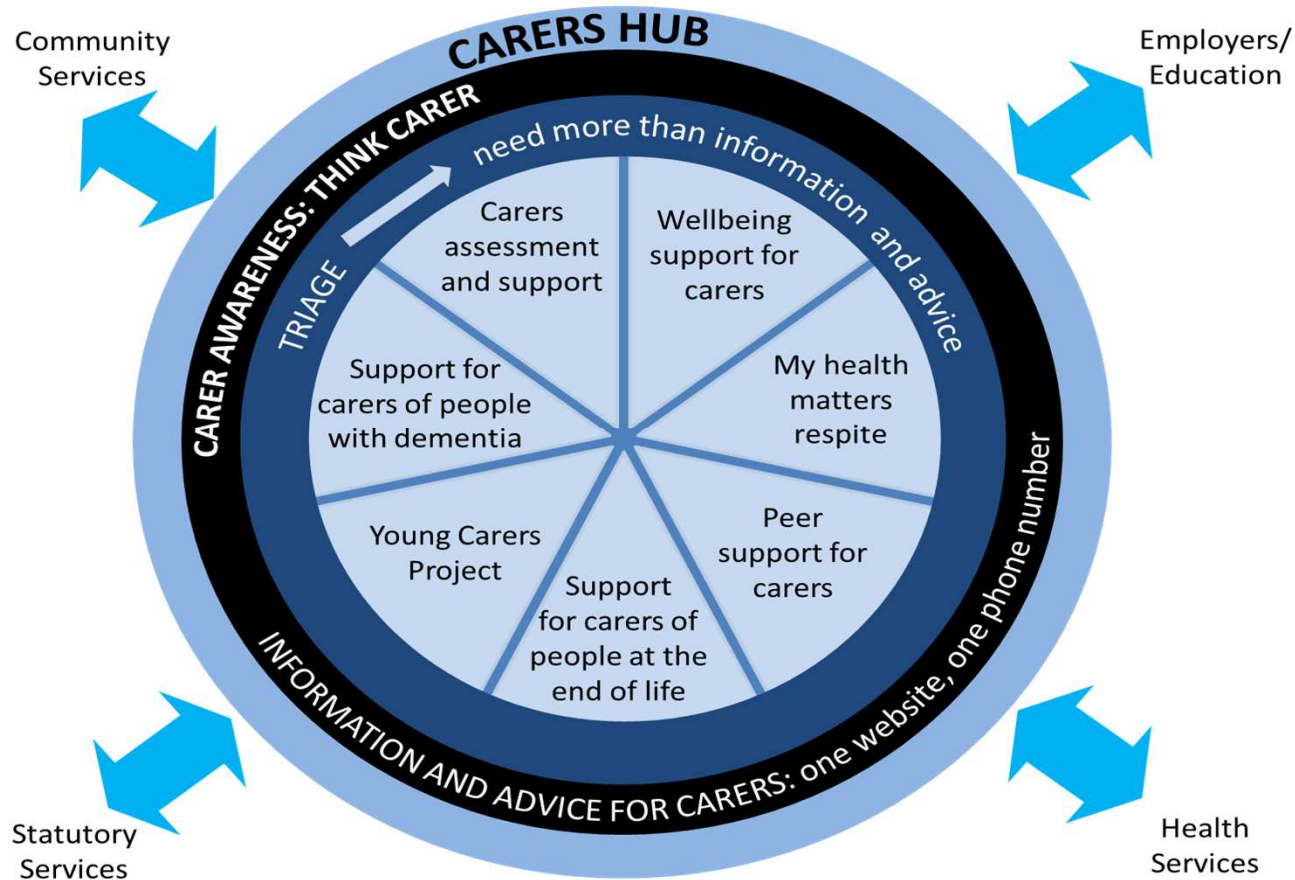
- **Local evidence** - Carers Survey + Carers Centre consultations;
- **National legislation** – Care Act improved carers rights;
- **National and local policy development** – Carers Strategy (national and local) + integration agenda.

Carers Hub Outcomes

The Brighton and Hove Multi-Agency Carers Strategy Group agreed the overarching service outcomes:

- maintain the independence, physical health and emotional wellbeing of carers and their families;
- empower and support carers to manage their caring roles and to have a life outside caring;
- ensure carers receive the right support, at the right time, in the right place; and to
- respect the carer's decision about how much care they will provide and respect the carer's decision about not providing care at all.

Carers Hub Operational Model



Carers Hub Model of Support

Putting Carer Satisfaction at the heart of everything we do!

Carers Information, Advice & Signposting

On the phone, online and face to face. Get access to a range of Carer specific local services, support and advice.

Carers Assessments

Receive an assessment of your needs and get support locally, such as the Carers Card, Emergency Back-Up Service, Carers Personal Budgets, Equipment and Respite.

Home based respite

My Health Matters is a free home-based respite service, providing alternative support to give you the chance to leave the person you care for to attend health related appointments.

Carers Awareness

We are working hard to raise the awareness of the role of unpaid carers in the city, through events and training, encouraging Brighton & Hove to be a Carer Friendly City.

Young Carers Project
Specialist support for Young Carers (under the age of 18), providing information, advice, help at school or college, advice, peer support and fun activities.

Peer Support for Carers
A range of carers peer support groups across the city enabling carers to get together and share their experiences and access support.

Improving Carers Wellbeing
Access to Information, Workshops and Services which help carers achieve goals they would like.

Supporting Carers of People with Dementia
Get specialist support, information, advice and peer support.

Support for those caring for someone at the end of their life, and those who have recently been bereaved.
Get access to specialist local services, advice, support and peer support groups.



Carers Hub – contact details



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